

CAREER READY

LearnMoreIndiana.org

Find Your Style: HOW DO YOU LEARN?

How do you learn best? Knowing your learning style will help you know how to best study and remember things. How often is each statement below true for you?

	Often	Some times	Hardly Ever
1. I enjoy developing and making charts and graphs.			
2. I prefer to use posters and models or practice some activities in class.			
3. I need explanations of diagrams, graphs or visual directions.			
4. I enjoy working with my hands or making things.			
5. I can tell if sounds match when presented with a pair of sounds.			
6. I remember best by writing things down several times.			
7. I prefer information to be written on the chalkboard, with the use of visual aids.			
8. I follow spoken directions better than written ones.			
9. I feel the best way to remember something is to picture it in my head.			
10. I prefer listening to the news on the radio to reading it online or in a newspaper.			
11. I play with coins and keys in my pocket.			
12. I can better understand a news article by reading about it than by hearing about it.			

Give yourself points for each checkmark and add up the totals.
Often = 5 points Sometimes = 3 points Hardly ever = 1 point

Visual Learner

Question	Points
1	
7	
9	
12	
TOTAL	

Visual learners should look at all study materials and write things down as they learn.

Auditory Learner

Question	Points
3	
5	
8	
10	
TOTAL	

Auditory learners benefit from reading materials aloud and sitting at the front of class.

Tactile Learner

Question	Points
2	
4	
6	
11	
TOTAL	

Tactile learners learn by imitation and practice. Try acting out concepts or typing out your notes.

